

Millbrook Junior School

Churchill Way, Kettering, Northamptonshire, NN15 5DP Tel: (01536) 517049 Website: www.millbrookjuniors.co.uk Headteacher: Mrs Danielle Warren



10th February 2023

Dear Parent/Carers,

As part of our DT curriculum, our Year 6 children will be studying Food for Life. This project teaches children about processed food and healthy food choices. They will make bread, pasta sauces and learn about the benefits of whole foods. Our pupils will plan and make meals as part of a healthy daily menu, and they will evaluate their completed products.

As part of the unit, the pupils will have the opportunity to participate in preparing and tasting food sessions. They will have designed their own recipes using a combination of any of the following ingredients:

Wholemeal loaf	Red peppers	
Strong flour	Red onions	
Wholemeal flour	Dried thyme	
Salt	Pepper	
Yeast	Tomatoes	
Olive oil	Herbs	
Clear honey		
Basil		
Garlic		
Sunflower seeds		
Parmesan		
Passata		

Please give consent, via School Gateway, for your child to use/prepare their food with these ingredients and to take part in tasting them. By giving consent, you are confirming that your child has no allergies or food intolerances from the above list.

Please complete and confirm by 20th February 2023.

Thank you in advance,

The Year 6 Team









