



6th October 2023

Dear Parent/Carers,

As part of our Design Technology unit, Fresh Food, Good Food, our Year 4 children will have the opportunity to participate in a cooking and tasting session over the next two weeks. They will be preparing different healthy snacks and tasting these in school.

Please give consent, via School Gateway, for your child to taste the ingredients below.

If your child has any food allergies, please inform the school immediately.

Please complete and confirm by 9th October 2023.

Thank you in advance,

The Year 4 Team

Hummus and vegetable sticks	Rainbow fruit skewers	Banana loaf
tinned chickpeas	kiwi fruit	butter
lemon juice	tinned pineapple chunks	caster sugar
low fat Greek yoghurt	melon	egg
olive oil	blueberries	bananas
paprika	red grapes	self-raising flour
cumin	strawberries	baking powder
garlic		cinnamon
cucumber		milk
celery		
peppers		







Dream, Believe, Aspire, Achieve