

COFFEE MORNING

Millbrook Infant School and Millbrook Junior School

The SENDCos of both schools invite you to our new monthly coffee mornings for parents and carers. This will be a chance to chat with other parents/carers and find out information about support for you and your child.

**Monday 12th February
9am-10am at Millbrook Infant School**

All welcome



Spring Term coffee mornings

22.1.24 - **Supporting your child with behaviour and routine** - we will be joined by Abigail McKim-Hay (Healthy Child Practitioner from the School Nursing Service)

12.2.24 - **Zones of Regulation** - how we use this in both schools to support children to talk about how they're feeling and ideas for using at home

18.3.24 - We will be joined by Callum from **MIND** for adults who want to know more about mental health, how to improve it and what MIND can offer

Please RSVP via the school office at Millbrook Infant School or Millbrook Junior School offices, or to:

Nicola Farnworth (sendco@millbrookjuniors.co.uk) or
Emily Bryan (senco@millbrook-inf.northants-ecl.gov.uk)

We hope to see you there!

