



Millbrook Junior School

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PSHE Autumn 2

PSHE is a vital subject for teaching the children about the world they live in. It helps them to understand themselves and the people around them. Please take a moment to read the news letter as it will let you know what is coming up in your child's lessons. Sometimes, our discussions at school lead to questions or further discussions at home.

Being Me

In the first half term of the school year the children have been taking part in the 'Being Me' unit of Jigsaw. This is very much about establishing expectations and what makes a productive classroom. As well as encouraging the children to think about the year ahead and what they would like to achieve. We have been introducing the '5 Hands of Millbrook' vision to the Year 3's and reinforcing it around the rest of the school. This enables the children to think what skills and knowledge they are building now that will help them in the future. At Millbrook, we firmly believe that this will help to build skills in the children that will help them to learn as they move beyond Millbrook and as they become adults.



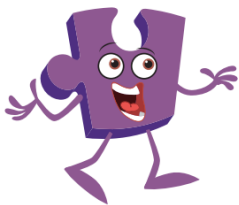
Celebrating Difference

Our next unit in Jigsaw will be 'Celebrating Difference'. This unit focuses on celebrating the differences and similarities between people. The children will explore how diverse the world is; teaching about disability, racism, power, friendships, and conflict. In the unit the children learn to accept everyone's right to 'difference'. Anti-bullying, including cyber and homophobic bullying, is an important aspect of this unit. British Values will also feature throughout this unit.



At the end of last half term, we looked at Black History Month across the school, this links in with the 'Celebrating Difference' unit. Classes found out what Black History Month is and why it is celebrated each year. They looked at different people's stories ranging from the Bristol Bus Boycott of 1963 to Elsie Owusu's story of becoming an architect in Britain. They also looked at some famous people and their achievements. Finally, the children looked at the Windrush generation and why people came to Britain, what it felt like as they arrived and the difference they made.

Year 3 will be thinking about and sharing ideas about families and how they can look different.



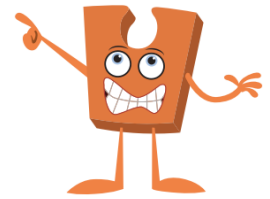
They will be thinking about conflicts within families and with friends at school and how they can be managed. Different types of bullying will also be discussed including how hurtful words can be. Again, we will focus on ways to solve problems. The children will be thinking about giving and receiving compliments and how that makes them feel.



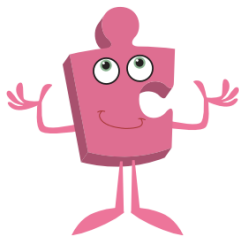
Dream, Believe, Aspire, Achieve



Year 4 will discuss that sometimes people make assumptions about others based on their appearance rather than getting to know them first. The children will be encouraged to challenge these assumptions and accept each other for who they are. Bullying and problem solving will also be looked at as well as how to stay safe online. The children will be identifying how special and unique everyone is and finding ways to celebrate this.



Year 5 will begin by looking at and understanding cultural differences and how they can cause conflict. The children will learn more about fighting racism and how understanding, respecting and enjoying other people's cultures is important. They will discuss how name-calling and rumours can be a type of bullying. Together they will discuss how this might feel but also how to solve any problems they may face or see. The children will move onto thinking about material wealth and happiness comparing their lives to children around the world.



Year 6 will start the unit thinking about 'normal' and that there are different perceptions of normality. Part of this will be to look at how being 'different' can impact on people's lives. The children will be looking at the travelling showman community. This is to ensure that children are aware that there are differences within all communities even when sometimes people may assume that everyone is the same. The children will think about how it feels to be excluded or treated badly. As with the other year groups, Year 6 will also look at bullying and ways to solve problems.

Jenny Green
PSHE Lead